



This workshop offers valuable tools to enhance your relationship by focusing on effective communication with your partner. Participants will discover methods to transform conflict into opportunities for connection, fostering growth, new understanding, and renewed hope within the relationship. Furthermore, you will gain insights into ending unproductive power struggles and breaking free from recurring cycles of anger, blaming, and shaming. Ultimately, the workshop aims to equip you with the skills to identify the fundamental causes of your relationship challenges and effectively resolve them.

This workshop is appropriate for you if...

- You are beginning a relationship you want to keep.
- You want to enrich an already good relationship.
- You are having difficulties in your relationship and want to resolve long-standing conflicts.
- You are undecided about continuing your relationship

Karen Olson, MA, is the founder of Caritas Center for Healing. She utilizes a broad variety of techniques tailored to individual clients' needs.

She is especially passionate about counseling couples through the IMAGO therapy model as outlined by Doctor Harville Hendrix, certified IMAGO therapist and workshop presenter, she has received advanced train-ing in this method from Maya Kollman.





Dec. 5 - 7 or Jan. 23-25 \$840 per couple.

Early Bird Discounted Price \$750 - If Registered By Nov. 15th, 2025 or by Dec. 30 for the January workshop

Register Now!



Find Us Here

Caritas Center for Healing 330 E. 16th Street Please enter through SW corner of the building

(off of parking lot)